

Red Cross	503.284.1234
Tel-Law	503.620.3000
Renters' Rights	503.288.0130
Senior Help Line	503.988.3646
United Way	503.222.5555
Information and Referral	
Information and Referral	503.648.6646
Emergency Food & Shelter	503.525.6400
VA Medical Advice Nurse	1-800-233-8305
VA Prescription Refill Line	503.273-5301

The Old Town Clinic can do TB tests and issue you a temporary card stating that you are waiting for your results to be read. This is usually acceptable for use at shelters that require the card.

Central City Concern will assist you in acquainting you with job requirements and even assist you in meeting some of them. They will also give you a temporary message phone you can call to retrieve your messages. Also they have basic computer use for job search.

TPI will assist you further in helping you get an acceptable State ID Card, as well as some of the other issues you might have.

Don't get to caught up in **The Street Life Style**, there are many opportunities for those who try to make to improve their lot in life. In addition to the regular resources that most states have, Portland has many other resources that can be of assistance in stabilization and improving your personal situation. Using these resources will help you to better your situation in live, but keep in mind that such assistance can only take you so far, eventually it is expected that these resources will give you the opportunity to help yourself to be all you can be.

Last Update: *December 1, 2008* To address any changes and/or updates we request Sponsors address issues by Email to: beb@wa-net.com

Community Sponsored Resources For Low Income, Veterans, Disabled and Homeless



Design by The Good Forms Company, <http://www.goodforms.biz>

Emergency Meals

Saturdays only				
Days	Time	Place	Address	Miscellaneous
1st, 3rd Sat	11-2	Morning Star Baptist Church	106 NE Ivy	
Saturdays	11-1	All Saints Episcopal	4033 Woodstock	
Sunday only				
Time	Place	Address	Miscellaneous	
7:30a	Portland rescue Mission	111 W Burnside	mandatory chapel service	
8:00a	Union Gospel Mission	15 NW 3rd	mandatory chapel service	
9:30a	Salvation Army	30SW 2nd		
3p	"Picnic in O'Bryant Park"	SW 9th and Washington	Numbered tickets given	
3:30p	Salvation Army	30SW 2nd		
7:00p	Portland rescue Mission	111 W Burnside	mandatory chapel service	
6:30	St. Francis Dining Hall	330 SE 11th Avenue	Family seating available	

Monday - Friday				
Days	Time	Place	Address	Miscellaneous
Mon-Sat	6:30-7:30,	Blanchet House	340 NW Glisan	Seniors (60+) at 11a
Mon-Thurs	2-4 /& 6-8	First Baptist Church	909 SW 11th Ave.	Tues, dinner and a movie
7 days	7a & 6p	Portland Rescue Mission	111 W Burnside	Mandatory Chapel Ser-
Mon-Fri	7p	Union Gospel Mission	115 NW 3rd	Mandatory Chapel Ser-
Mon-Fri	10a-2:45p	Sisters of the Road Cafe'	133 NW 6th	\$1.25, OR Trail Card or
	11a-1p	Trinity Cathedral	147 NW 19th	Meal Ticket, canned food
Mon-Sun	5:45-6:30	City Team Ministries	526 SE Grand	Chapel service and Sup-
Mon-Fri	9a & 1p &	Outside In	1132 SW 13th Avenue	Homeless under 21
	12:00p	Loves and Fishes	SW 10th and Jefferson	Seniors only (60+)
	3:30p	Salvation Army	30SW 2nd	
Mon-Fri	5:00p	St. Francis Dining Hall	330 SE 11th Avenue	Family seating available
	6:00p	City Team Ministries	526 SE Grand	mandatory chapel service
	7:00p	Portland rescue Mission	111 W Burnside	mandatory chapel service
	7:00p	Union Gospel Mission	115 NW 3rd	mandatory chapel service

Food Boxes**Food Boxes Resources**

Are Portland locations
unless indicated

St. Vincent De Paul
M-F, 10-12 & 1-4
5120 SE Milwaukee Blvd.
5032358431

Union Gospel Mission
appointment only
Wed/Fri 2pm-4pm
15 NW 3rd Ave
50-3274-4483

William Temple House
Mon 10am- 2pm
2023 NW Hoyt Street
503-226-3021

Zerapath Pantry
Mon-Fri 10-2, 4 x a year
59 NW Ava St Gresham
503 667 7932

Neighborhood House
M-W 1.30 -5 T, 10-8 F 10 - 2
7780 SW Capitol Highway
503-246 1663
St. Michelle Church
Mon, Wed, Fri 245-2:30
424 SW Mill
503 228 8629

City Bible Church
Emergency Food Box
M, W, F 2 pm 4 pm
503 255 2224

Outreach Burnside Hospitality
M, Tu, T & S 1 pm- 4pm
203 NW Third Avenue
503 225 0590

Port Police Sunshine Div
M-Fri from 10 am-4pm
687 N Thompson
503-823-2102

Salvation Army
T, F 9-11 3-and 1-3pm
39 NE Fourth Gresham
503 661 2704

Salvation Army
Healthy Kids
M, T, W & F 9-11 and 1-3
1712 NE Sandy Blvd.
503-239 1264

Salvation Army Moore St
Mon, Wed, Fri 1-5 pm
5325 N Williams Avenue
503 493 3927

Fish Emergency Services
M-Fri 10 30 am -2pm
1335 Se Hawthorne Blvd
503 233 5533

First Baptist Church
M to Thurs 2-4, referrals
503 228 7465
NE Emergency Food
M, T, T, Sat 1 to 4
3 x in 6 months
1912 N Killingsworth
503-246 1663

Veterans' Service Organizations

American Legion	503-412-4771	Greg Demarais
American Veterans	503-421-4767	Bill Talley
Blinded Veterans Association	541-265-9087	Frank Armstrong
Disabled American Veterans	503-412-4750	Jay E. Woodbury
Order of the Purple Heart	503-412-4770	Jennifer Burt
Paralyzed Veterans of America	503-412-4762	Ken Fink
Veterans of Foreign Wars	503-412-4757	Jack Zule

State Offices—ODVA

Salem	1-800-692-9666 Or 503-373-2085
Portland	503-412-4777

Veterans' Service Officers

Baker	541-523-8223	Jane Chandler
Benton	541-758-1595	Don Johnson
Clackamas	503-650-5631	Janice Harlan-Raisl
Clatsop	503-325-2429	Kenneth H. Rislow
Columbia	503-366-6580	Joseph Pyle
Coos	541-396-3121 x 362	Mary Ann Sackett
Crook	541-447-5304	Angela Gilley
Curry	541-247-3205 x 205	Frank Van Meter
Deschutes	541-385-3214	Keith Macnamara
Douglas	541-440-4219	Mary Newman
Gilliam	541-384-6712	Paul Conway
Grant	541-575-1631	Bruce B Makela
Haney	541-573-6024	Anne Lessar
Hood River	541-386-1080	Patrick Scranton
Jackson	541-774-7837	Marty Kimmel
Jefferson	541-475-5228	Tom Weiss
Josephine	541-474-5454	Lisa Shipley
Klamath	541-883-4247	Kathy Pierce
Lake	541-947-6043	G. Don Boone
Lane	541-682-4191	Joseph Reiley
Lincoln	541-574-6955	John Reed
Linn	541-967-3882	Kim Grooms
Malheur	541-889-6649	Bill Thomson
Marion	541-373-2085	ODVA
Morrow	541-922-6420	Juanita Cox
Multnomah	503-988-3620 x 26123	Katie Pereault
Polk	503-373-2085	ODVA
Sherman	541-565-3408	Paul Conway
Tillamook	503-842-4358	Steve Weld
Union	541-962-8802	Juanita Cox
Wallowa	541-426-3155 x 241	Renee Beaudoin
Wasco	541-506-2502	Patrick Scranton
Washington	503-846-3054	Dog McEllven
Wheeler	541-763-3032	Paul Conway
Yamhill	503-434-7503	Debbie Gill

Food Boxes

Food Box Lunch Program
 Mon, Wed, Fri, 12:45-2:30
 424 SW Mill Street
 503 228 8629

First Baptist Church
 M to Thurs 2-4 pm
 By referral only
 503-228-7465

Francis Center
 Once every 30 days
 Mon-Thurs 10pm-2pm
 6535 SE 82nd Ave
 503 775 67 84

Hope House
 Monthly food boxes 10-12
 Seniors the last 2 Wens
 3837 N Gantenbein Ave
 503 282 89 60

Community Service Transition
 M-Fri 8:30-noon and 1-4:30
 475 NW Glisan St
 503 823 49 30

Crossroads Cupboard
 T-F 9-11 / S, 11-1, 1 x mo
 2407 NE 102nd Ave
 503 257 93 45

EMO NE Emergency Food
 M. T, Thurs, Sat 1-4
 503 284 5470

Emergency Food Assist
 Mon-Fri 9pm-noon
 11020 NE Halsey Street
 503 252 8500 x 118

Emergency Food Program
 Phone or sign up on door
 Wed- Fry 4-6pm
 5606 Ne Killingsworth
 503-288-1055

Esther's Pantry, Suite A
 Tues and Thurs 3-6 pm
 3315 SE Harrison ST
 503 349 4699

Holly Trinity Church
 Clothing and food
 Tues, Wed, Fri 10-12
 13715 Se Walker
 503 643 9528

Outreach Burnside
 Clothing , hygiene
 Mon-Fri 1-3 pm
 203 NW 3 rd
 503 225 0590

Portland Adventist
 Monthly food box
 Mon-Fri 9- noon
 11020 Ne Halsey
 503 252 8500

Downtown Chapel
 Mon - Thurs, 1- 2:30 pm
 Meals Friday night 7-9pm
 601 SW Burnside St
 503 228 0746

Shelters: Men

US Mission (over 18)
4545NE Garfield, Portland
503-288-9294

City Team Ministries (\$4.00
per night)
526 Grand Ave, Portland
503-231-9334

Transition Projects Inc. (TPI)
(Waiting list)
475NW Glisan, Portland
503-239-4930

Winter Shelter
Confidential address
503-721-1500

Portland Rescue Mission
(check in at 6 pm / TB Card)
111West Burnside, Portland
503-647-7466

Victory Outreach Ministry
3000 NE Alberta (30th & Al-
berta) Portland
503-335-3264

Salvation Army
(\$10.00 per night / TB Card)
30SW 2nd Ave., Portland
503-239-1259

Shelters: Youth

Boys & Girls Aid
018 SW Boundary Court, Port-
land
503-222-9661

Clackamas County/
Washington County Crisis
454 SE Washington Street,
Hillsboro
503-542-2389

Janus Youth Programs-Access
Center
1635 SW Alder Street, Port-
land
503-432-3986

Janus Youth Programs-
Harry's Mother (Crisis Inter-
vention)
738 NE Davis, Portland
503-233-8111

Janus Youth Programs-Porch
Light Youth Shelter
1635 SW Alder Street, Port-
land
503-222-5933

Janus Youth Programs-Street
Light Youth Shelter
1635 SW Alder Street, Port-
land
503-224-5988

Salvation Army-White Shield
Center (Safe House)
Address: not disclosed
503-239-1248

Veterans Links

VA Benefits and news <http://www.military.com/>

VA Home Page www.va.gov

VA Health Care www.va.gov/health/

Vietnam Veterans of America <http://www.vva.org/>

Returning Veterans www.seamtransmission.va.gov

U.S. Government Accountabil-
ity Office (GAO) <http://www.gao.gov/>

Survivor Benefits [www.vba.gov/survivors/
index.htm](http://www.vba.gov/survivors/index.htm)

VA Facilities [www.va.gov/directory/guide/
home.asp](http://www.va.gov/directory/guide/home.asp)

VA Forms www.va.gov/vaforms/

VA Benefits and Rates www.vba.va.gov/bin21/Rates/

Education Benefits www.gibill.va.gov

Home Loan Guaranty www.homeloans.va.gov

Life Insurance www.insurance.va.gov

Vocational Rehabilitation [www.vba.va.gov/bin/vre/
index.htm](http://www.vba.va.gov/bin/vre/index.htm)

Burial and Memorial Benefits www.cem.va.gov

Veterans Employment and
Training www.dol.gov/vets/

Federal Jobs www.usajobs.opm.gov

Veterans Preference [www.opm.gov/veterans/
index.asp](http://www.opm.gov/veterans/index.asp)

Military Records [www.archives.gov/st.louis/
military-personal/](http://www.archives.gov/st.louis/military-personal/)

Department of Defense www.defenselink.mil

Veterans**Other VA Information**

Veteran's Long Term Care
Information Pamphlet
1-(202) 512-7101

VA Benefits
1-800-827-1000

Health Care
1-877-222-8387

Education
1-888-442-4551

Debt Management
1-800-827-0648

Mammography Hotline
1-888-492-7844

Telecommunication Device
for the Deaf (TDD)
1-800-829-4833

CHAMPVA
1-800-733-8387

Headstones and Markers
1-800-697-6947

Special Health Issues (Gulf
War, Agent Orange, Project
112/Shad)
1-800-749-8287

All**Showers****City Team Ministries**

526 Grand
503-231-9334
M-Sat, 11 to 2:30, Not Wen,
M & F)

Portland Rescue Mission

111 W Burnside
503-227-0421
(M,T,Th, 9-12:30 / W,F,Sa
7:30-8:50 Men)

Transition Projects

475 NW Glisan
503-823-4930
(8:30 for Female / 1:00 for
male)

Join

11136 Oak
503-232-2031
(M-F, Male & Female, 9:00
to 2:00, must do 15 minutes
work)

St. Francis

330 SE 11th
503-234-2028
(Mon and Thur 1:00 to
3:30)

Free Telephone**Transition Projects**

475 NW Glisan

Shelters: Women & Domestic Violence

Community Service Center
- Transition Projects
475NW Glisan, Portland
503-239-4930

Daybreak Shelter
Confidential address,
Gresham
503-988-4531

Daybreak Shelter
Confidential address,
Portland
503-548-0200

Jean's Place
18 NE 11th Avenue, Port-
land
503-823-4926

My Sister's House
Address: not disclosed
503-665-1026

Salvation Army-West
Women SAFE Shelter
131 SW Ankeny, Portland
503-731-3947

Salvation Army-West
Women and Children's
Shelter
Address: not disclosed
503-224-7718

Winter Shelter
(24 hour crisis line)
503-721-1500

YWCA-Yolanda House
Address: not disclosed
503-535-2369

Domestic Violence

Bradley-Angle House
Address: not disclosed
503-281-2442

My Sister's House
Address: not disclosed
503-665-1026

Raphael House of Portland
Address: not disclosed
503-222-6222

Salvation Army-West
Women and Children's
Shelter
Address: not disclosed
503-224-7718

YWCA-Yolanda House
Address: not disclosed
503-535-2369

Ecumenical Ministries of Oregon (Shared housing) 2906 NE Glisan, Portland 503-223-9924	Salvation Army (Food and Shelter) 30 SW 2nd Ave, Portland 503-239-1259
Transition Projects (Housing assistance, eviction prevention) 475 NW Glisan, Portland 503-823-4930	West Woman's Shelter (no boys over 12) 2010 NW Kearney, Portland 503-239-1259
Housing Authority of Portland (Public and subsidized housing) 135 Ash, Portland 503-802-8300	Good Neighbor Center (TB Card) 11130 SW Greenburg Road, Tigard 503-443-6084
Portland Housing Center (Rental problems, first time buyers) 3233 NE Sandy, Portland 503-282-7744	My Father's House (Call first) 2425 NE Division, Gresham 503-492-3046
Northwest Pilot Project [8] (over age 55) 1430 SW Broadway, Portland 503-227-5605	Annie Ross House / NW Housing Alternative, 2316 SE Willard, Milwaukie 503-654-1007
Additional Shelter	Washington County Family Shelter
Metro Crisis -- Emergency Food & Shelter (24 hour crisis line) 503-525-6400	210 SE 12 Ave., Hillsboro 503-640-3263
Winter Shelter Access Line (24 hour crisis line) 503-721-1500	Inn at the Orchards, 5609 NE 102nd Ave., Vancouver, WA (1-866-577-2503) 360-695-9677
Aging and Disability Services (Rest Home) 503-640-3489	Valley Homestead / Share House 4921 NE Hazel Dell Ave., Vancouver, WA 360-695-9677

State Dept of VA Affairs**National VA Services Officers**

American Legion / Disabled American Veterans
1220 SW 3rd, Room1692
M-T 9-3:30, F 7:30-12
503-412-4750

AmVets
8944 N Clarendon, Port
503-777-6677

DAV
1220 SW 3rd

Multnomah-Co Veterans Services Office
(Aging and Disabilities) 421 SW Oak St.
503-988-3646

Paralyzed Veterans of America
1220 SW 3rd
503-412-4762

Portland
1220 SW 3rd
503-412-4777

VFW
1220 SW 3rd

Salem
700 Summer NE, 97301
1-800-692-9666

American Legion Service Office
1220 SW 3rd, Room 1684
1-800-827-1000

CCC Workforce
2 NW 2nd
503-226-7387

Also**State of Oregon Dept of Veterans' Affairs**

Social Security
1-800-772-1213

Portland
503-326-2611

Supplemental Security Income (SSI)
1-800-772-1213

Salem
1-800-828-8801

Armed Forces Retirement Home
1-800-332-3527

Veterans

VA Medical Center
3710 SW US VA Hospital
Road
503-220-8262

Medical Center Appoint Desk
3710 SW US VA Hospital
Road
 503-220-3494

Veterans Hospital Lost and Found
3710 SW US VA Hospital
Road
 503-220-8262 x 56296

Disabled American Veterans
3710 SW US VA Hospital
Road
 Transportation Net
 Bldg 101, Room 202A
 Services Marion County, Oregon to Cowlitz County Washington
 503-220-8262 X 57804
 1-800 949-1004 x 57804

Telephone Advice Nurse
 1-888-233-8305

Telephone Refill Line
 503-273-5201

East VA Primary Care Clinic
 10535 NE Glisan Street
 Gateway Medical Building,
 2nd Floor
503-721-1007
 Fax; 503-252-9422

U.S. Dept of VA Affairs

Veterans Regional Office
 1220 SW 3rd Ave.
 13th Floor
 1-800-827-1000

National Veterans Affairs Direct Deposit Center
 1-877-838-2778

County VA Services Officers

Clackamas
 1710 Red Soil Court, Oregon City
 503-650-5631

Multnomah (prefer appointments)
 421 SW Oak St., 1st Floor
 503-988-3620 x 26123

Washington County
 180 E Main St #20, Hillsboro
 503-846-3060

Vocational Rehabilitation

VA Vocational Rehabilitation and Employment
 1220 SW 3rd Ave., 12th Floor, Suite 1252
 503-412-4577

Veterans' Home

The Dalles
 1-800-846-8460

Clothing

Downtown Chapel
 601 E Burnside
 M-F 9:30-11am (sign-up)
 503-228-0746

Fish
 1335 SE Hawthorne
 Mon-Fri 10:30-1pm
 503-233-5533

Francis Center (Boundaries, Clatsop to Powell; 39th-136th; Powell to Glison, 60th-82nd)
 6535 SE 82nd
 M- Thurs 10-2pm
 503-775-6784

Holy Trinity Catholic Church
 13715 SW Walker, Beaverton
 T, W and F 10:30 to 12:30
 503-643-9528

Human Solutions
 2900 SE 122nd
 Tue-Fri 9-11:30
 503-988-5201

Life Center
 2746 NE MLK
 M/W/F 10-2pm
 503-988-5201

Outreach Ministries
 203 NW 3rd and Davis
 Mon-Fri 1-3pm
 503-225-0590

PTA Clothing Center
 Check with school
 Mon-Fri 10-1pm
 503-238-4522

Portland Rescue Mission
Men only 111 W Burnside
 7:30-8:30am

Pregnancy Resource Center
 10 pieces per family member per month
 1626 NE Broadway, Portland;
 Mon/Wens 10:00-4:45
 503-256-0808
 4419 SE McLaughlin, Milwaukie
 Tues, Thurs, Fri 1:30-6:45
 503-659-3336

Snow-Cap / Rockwood
 17805 SE Stark
 M-F 10-2/Tues 6-8
 503-674-8785

St. Vincent De Paul
3601 SE 27th
Tue, Wen, 10-12 and 1-4
503-235-8431

St. Vincent De Paul
806 NE Alberta
Thursdays 9:00-11:00
971-244-0339

Transitions Projects, INC
(TPI)
475 NW Glisan
Mon-Fri
8:30 Women (sign-up)
12:30 Men (sigh-up)
503-823-1266

Union Gospel Mission
15 NW 3rd
M-F 10-5pm
503-228-0319

Sunshine Division
687 N Tompson
M-F 8:30-11:30 & 12:30-
3:30
503-228-0319

University Park
Baby cloths and furnishings
9009 NE Foss east end of
building
1st Wednesday 12:00-1:00

Old Town Clinic
Primary and TB testing
727 W Burnside
503-241-3836

**West Burnside Chiroprac-
tic**
Free Chiropractic 9-5 M-F
221 W Burnside St.
503-223-2213

WMC Downtown Services
Urgent Care & other
727 W Burnside, Portland
6:30-8pm Thursdays
254 W Burnside, Gresham
check in 6pm M & W
503-489-1760

**Multnomah County
Health Dept.**
24 hours message
426 SW Stark
503-988-3333

**Multnomah County Call
Center**
Mental health crisis
503-988-4888

West Side Health Center
426 SW Stark, 5th floor
M-F 9-5
503-988-5140

**Adult and Family Ser-
vices**
Food Stamps, OHP,
ERDC, TANF
50 SW 2nd
503-731-3336

DMV
For financial help see
TPI, 475 NW Glisan
1502 SW 6th
503-299-9999

**Housing Authority of
Portland**
135 SW Ash
503-802-8300

**Aging & Disability Ser-
vices**
General Assistance
1111 SW 10th Ave, 2nd
Fl.
503-988-5460

Disabled Services
1502 SW 6th
503-988-3690

Birth Certificates
800 NE Oregon, Ste.
503-731-4108

General Assistance
1139 SW 11th
1-800-273-0557

Social Security Office
1538 SW Yamhill
1-800-772-1213

Eviction Information
(Mult. Co. Courthouse)
1021 SW 4th
503-988-3022

**Oregon Dept. of Reve-
nue**
Oregon working families
tax credit
1-800-356-4222

**Drug Free Zone Vari-
ances**
(for downtown)
503-823-0097

Red Cross
503-284-1234

United Way
503-222-5555

Legal Aid

Legal Aid Services,
(housing, camping, utilities and benefits)
700 SW Taylor, STE. 300
503-224-4086

Safety Net
(Payee services for Social Security beneficiaries)
503-233-1005

Community Alliance Tenants,

(Landlord and tenant issues)
2710 NE 14th
503-460-9702

Bankruptcy Clinic (free)
503-224-4086

Debtors Anonymous
503-972-8576

Gamblers Anonymous
503-233-5888

St. Andrew Legal Clinic,

(family law, custody etc.)
807 NE Alberta
503-281-1500

Project Stop (gambling addicts)
503-239-5952

Renters Rights Hotline

M - Thur 3:00pm to 7:00pm
503-288-0130

Cascade AIDS Project
503-233-5907

Native American Program

Legal Aid Services
812 SW Washington, Ste. 700
503-223-9483

Russian Social Services
(Services for Russian speakers)
4033 SE Woodstock
503-777-3437

Senior Help Line
503-988-3646

Tel-Law

503-620-3000

Medical**Mult County, HIV Test Site**

426 SW Stark, 6th floor
Call for appointment
9-4:30 M, T, T and F
12:30 to 4:30 Wednesday
503-988-3700

County Health Nurse, Youth only

Greenhouse 820 SW Oak
TB, Flue, Pneumonia, Tetanus Shots
3:30-5:30 Wednesdays

Child, Family, Adult Mobile Outreach

Multnomah County Mental Health
503-988-4888

Josiah Hill III Clinic, Families resources

Lead poison testing
1200 NW 23rd
503-415-9694

Children's Community Clinic

27 NE Killingsworth
Care to 21 years
Mon, Tue, Thu 9-5
Wen 12-8 / Fri 9-3
503-284-5239

Legacy Clinic At Good Samaritan

General Medicine
1200 NW 23rd
9 to 4:30 M-F
Appointment Only
503-413-7074

County Health Nurse

131 SW Ankeny
TB, Flue, Pneumonia, Tetanus Shots
1:15 to 3:15 Wednesdays

Outside In Clinic

1132 SW 13th Ave.
Needle exchange, Acupuncture, Tattoo removal, Naturopath
9:00 to 6:00 Monday through Friday
503-535-3890

County Health Nurse, Youth only

TPI: 435 NW Glison
TB, Flue, Pneumonia, Tetanus Shots
1:30 to 3:30 Mondays

Portland Adventist Community Services

11020 NE
Family Services
9am-12pm M-F
503-252-8500

Medical**Salvation Army**

131 SW Ankeny
Temp. Clinic, TB testing
1:15-3:15 Mon and Wen
503-239-1259

William Temple House

2023 NW Hoyt
Mental Health Program
Limited prescription assistance
10-3 M-Thursday
503-226-3021

**Westside Health Clinic
(Spanish Speaking)**

426 SW Stark, 5th Floor
OHP Plus A&C only and
Care Oregon
8-5 M-F
Appointment
503-988-3333

Lifespan

**Respite care resources
for seniors and special
needs**

503-988-4790

**Oregon Health Plan
Plus/Medicaid Services**

Medical transportation
503-802-8700

TB Program

426 SW Stark, 3rd floor
TB tests - non-shelter's
8-11 and 1-4 Wednesdays
503-988-3417

**Quest Center for Inte-
grative Health**

2901 E Burnside
Osteopathic, Naturopath
8:30-5 M-F
503-238-5203

**New Day Homeopathic
Clinic**

natural cures
1917 SE Clinton
Wen eve appointment
only
503-795-7008

**NARA Indian Health
Clinic**

(No walk-ins after noon)
15 N Morris
8-5 M-F
503-230-9875

**Cascadia Urgent Walk-
in Clinic Service**

2419 SE 49th
7-10:30, 7 days per week

Medical**OSHU Behavioral
Health Clinic**

621 SW Alder, Suite
520
Outpatient psych
8:30-5 M-F
503-494-4745

Partnership Project

1132 SW 13th Ave.
HIV case Management
9-5 M-F
503-230-1202

**Cascades Aids Pro-
ject (CAP)**

620 SW 5th, #300
Counseling, ect.
9-5 M-F
503-223-5907

Planned Parenthood

3231 SE 50th
3531 NE 15th, Suite B
HIV, STD, Birth Con-
trol
503-788-7273

Native Americans**Confederated Tribes
of Siletz,**

3715 SE 39th Native
American
emp. and head start pro-
gram
503-238-1512

**NARA, 17645 NW ST.
Helens Hwy.**

(Health and Drug Reha-
bilitation Services)
503621-1069

**Native Americans Pro-
gram Legal Aid Ser-
vices**

812 SW Washington,
STE. 700
503-223-9483

**Commission on Indian
Services**

167 State Capitol, Sa-
lem, OR 97301